



## Studio sessions for the under threes

These sessions can either be conducted at your home using the mobile studio service or I have a small studio space available if you'd prefer to come to me.

### ❖ Before your Session

Prior to your session, start having a think about the type and style of photos that you'd like. We can accommodate as many different styles and clothing changes as you want over the course of the session. The limiting factor being how long we can keep your little one interested and engaged.

The best place to start is usually with the clothing that you'd like your child to wear – this will naturally lead on to thinking about colour schemes and the general feel of your finished photos.

The questions below will help me to get a good understanding of your likes / dislikes and prepare the appropriate props and accessories ready for your photoshoot.

### Under Threes' Checklist

**Content** : Do you simply want photos of your child on their own or would you also like to include some photos of mum/dad/other siblings with them?

**Colour schemes** : Are there any particular colours that you'd like to feature in your images and just as importantly are there any colours that we need to avoid?

**Props** : Are there any specific props that you'd like to include?

**Themes** : Is there a theme that you'd like to incorporate into some of your shots?

**Style** : Do you have a preferred style for your photos? Eg : bright and colourful | black & white | soft pastels

**Essential photos** : Are there any 'must have' shots that you'd like to get out of your session?

Take a look at my portfolio page for ideas and inspiration and also feel free to show me examples of anything else you've seen that you'd like to include.

This will all contribute to your ideas list and the preparation of your individual session plan.

### ❖ Making sure that you're photoshoot ready

Once you've decided on the style and type of photos that you want, I'll prepare an outline plan for your session so that you have an idea of what to expect on the day.

Most props will be supplied ready for your use, but if you'd like to include any items of your own, make sure that you have them ready so that they're close to hand on the day of your session.

### ❖ On the day of your session

The key with this age group is maintaining their attention and keeping them engaged in what's going on, so wherever possible, try to arrange your appointment for a time of day when they're least likely to be tired, hungry, distracted or agitated.

At this age most children will still be too young to take any sort of proper direction, so be prepared to spend a lot of time picking them up and leading them back to where we need them to be.

In case keeping them in one place proves to be difficult, also have a favourite toy or game prepared ready to occupy them and assist us in getting some stationary shots.

### ❖ During your session

Because this age group can't be placed in position like a newborn or follow instructions like older children, these sessions can often be slightly chaotic. Your beautiful photos will follow, but it's more a case of capturing those expressions and moments as they happen rather than posing and directing the photoshoot.

I always keep a stock of bubbles handy as an attention grabber for the under threes and if you've chosen a toy or a game to hold their attention make sure that you have it available for them to play with. Favourite toys are best kept concealed until they're needed though, otherwise they can become an attention grabber of the wrong kind!

You should allow up to 2 hours for your photoshoot, but wherever possible I aim to complete these sessions in around an hour. Any longer than that tends to be a bit too much for this age group's attention span.

